

Reasons why your PCP is a VIP



Primary care plays a significant part in preventing larger health issues. That's why it's so important to have a primary care physician (PCP) you can trust.

You'll see your PCP, also known as a family doctor, for most of your health care needs. Here are some reasons why your PCP is a very important person when it comes to your overall health.

1. Your PCP can answer questions or concerns about your health.

Visit your PCP for undiagnosed health concerns or medical problems. If it's a non-emergency, call your PCP first.

2. Your PCP coordinates your care.

With your PPO health plan, you are not required to choose a PCP, but having one to coordinate your care is still a good idea.

While your PPO health plan allows you the freedom to choose any in-network doctor, having a PCP to coordinate your care can help you navigate specialty care. Your PCP can recommend in-network specialists when needed, including labs for blood work and other services, like radiologists, cardiologists, and therapists.

Choose your PCP

Log in at ibx.com and use the Find a Doctor tool to select a PCP in your health plan's network.

3. Your PCP helps you stay well.

Regular check-ups with your PCP and annual screenings are essential when caring for yourself and your family. Even if you're feeling good, a PCP can help detect health problems before they become serious. Your PCP can help you stay well with preventive care such as screenings, vaccinations, counseling, and education.

Your Independence Blue Cross health plan covers annual check-ups for you and your family at no additional cost. View your Summary of Benefits at ibx.com to learn more about which screenings are covered and any costs involved.



Questions?

Call your Customer Service Champion at [1-833-444-2202](tel:1-833-444-2202).

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